

3D COTTON FACE COVERINGS

Please wear a face covering to protect others from viruses like COVID-19.

CARE & USE GUIDE

PUTTING ON YOUR FACE COVERING

1. Wash your hands with soap and water (or hand sanitizer) for at least 20 seconds.
2. Place the mask on your face with the exterior side facing out. Try to use the ties and avoid touching the the mask.
3. If the mask has a tie, place the head loop above your ears, and pull to tighten from below the mask.
4. Tie the lower ties behind your head with a slip knot or bow. Kids masks have a safety fastener. Adjust as needed.
5. Make sure the mask covers your nose and mouth and the bottom edge is under your chin
6. Wash your hands.

WHILE WEARING

1. Avoid touching your face even when the mask is in place. Adjustments should be made using the ties or cord.
2. Every time you do touch the mask for any reason, wash your hands before and after.

REMOVING YOUR FACE COVERING

1. Wash your hands before removing the mask.
2. If possible, avoid touching the mask. Assume it is contaminated.
3. Untie or remove the head or ear loops and remove the mask by the straps.
4. Place the mask in a bag or container. *See Mask Care & Cleaning below*
5. Wash your hands.

MASK CARE & CLEANING

1. Place used mask in a pillowcase or laundry bag. If your mask has toggles, you can remove them to extend their life if you are machine drying (this is optional, and not possible with children's masks). Avoid trimming cords/ties until after first wash.
2. Wash silk lined face coverings by hand or in laundry bag in machine on gentle cycle. Air dry.
3. Machine or hand wash 100% cotton masks with warm water and dry on medium heat or better yet, air dry indoors (or outdoors in sunlight) 1 day. Machine dried masks may need a quick press.

We recommend washing your fabric face coverng by hand. This extends it's life, and ensures that it will always be ready to go the next day. Wash at least once before you trim your elastic paracord. It may shrink slightly.

See www.verityblue.ca for more info and links.